

Family Services and Training Workshop Series

What is it?

- Four sessions of fun activities that parents and their child or teen with Autism Spectrum Disorder can do together.
- A social learning opportunity with other parents and children or teens in a welcoming safe supportive environment.
- An opportunity for parents to increase their skills in coaching and supporting their child or teen's independence and social participation.
- North East Ontario Autism Program staff will be available to provide coaching to parents to use a teaching strategy called "behavioural skills training" that includes instruction, modelling, rehearsal, and feedback.
- **Parents are expected to participate in all activities with their child or teen, and be responsible for managing any problem behaviour that their child or teen may present.**
- All clients waiting for services within the North East Ontario Autism Program are eligible for Family Services and Training Workshop Series, and workshops series are provided on a "first come first serve basis". **These workshop series do not affect eligibility or priority for Ontario Autism Program Evidence Based Behavioural Services.**

Workshop Series

Below is a list of workshop series offered for Winter 2019.

<p>Yay! Let's Play!</p> <p>Ages:2-4 Date: Thursdays February 14,21,28, March 7 Time: 9:30-10:30 or 2:00-3:00 Location: One Kids Place, North Bay Office</p>	<p>Family Game Night</p> <p>Ages:5-7 Date: Wednesday February 6,13,20,27 Time: 4:30-6:00 Location: One Kids Place, North Bay Office</p>	<p>Bite Size Kitchen Independence</p> <p>Ages:8-11 Date: Wednesdays March 6,13,20,27 Time: 4:30-6:00 Location: One Kids Place, North Bay Office</p>
<p>Robotics</p> <p>Ages:12-14 Date: Tuesdays March 19, 26 & April 2,9 Time: 4:30-6:00 Location: One Kids Place North Bay Office</p>	 	<p>Job Seekers</p> <p>Ages:15+ Date: March 11,12,13,14 Time: 4:30-6:00 Location: One Kids Place North Bay Office Delivered in partnership with Autism Ontario</p>

** One Kids Place and Hands offer a variety of core foundational services, family services and training as well as a broad continuum of behavioural services; Family Services and Training is funded by the North East Ontario Autism Program, and delivered by staff of the North East Ontario Autism Program

Family Services and Training Workshop Series Details

Yay! Let's Play! (Ages 2-4)

- Fun play sessions with your child with a range of stimulating activities and play materials.
- Parents will have the opportunity to practice their skills by engaging their child in sensory based activities such as water beads, play doh, moon doh, sand table, etc.
- Focus on teaching parents/caregivers how to develop their child's play skills through the BST model.
- Parents will learn fun and creative ways to have successful play with their child.
- A snack will be provided!

Family Game Night (Ages 5-7)

- Fun interactive sessions with your child and other families.
- Parents will have the opportunity to engage their child in board games, charades/pictionary, basic card games etc.
- Focus on teaching parents/caregivers how to foster appropriate play using the BST model.
- Parents will learn how to effectively support their child with turn taking, following rules, as well as being a good sport.
- A snack will be provided!

Bite Sized Kitchen Independence (Ages 8-11)

- Parents will have the opportunity to practice their skills by teaching their child how to prepare a desert, breakfast, lunch, and dinner.
- Parent will learn how to effectively teach their child/youth appropriate kitchen and food safety, healthy eating, as well as following recipes which include measuring ingredients and sharing kitchen supplies with other group participants.
- Focus will be on teaching parents/caregivers how to foster kitchen independence using the BST model.
- Fun and social experience for you and your child to participate in.
- A snack will be provided!

Robotics (Ages 12-14)

- Exciting and interactive sessions for you, your youth and other families to participate in
- Focus will be on teaching parents/caregivers how to instruct their youth to build and program a robot using the BST model.
- Parents will learn how to effectively teach their youth how to collaborate as a team, share responsibilities, follow instructions, as well as program the robot that has been built.
- Fun and social experience for you and your child to participate in.
- A snack will be provided!

Job Seekers (Ages 15-18)

- These sessions will focus on teaching parents/caregivers how to support their youth to obtain volunteer experiences, secure an employment placement, or find a paying job.
- Parents will learn various skills needed to effectively teach their youth how to plan and prepare for their search for a job using the BST model.
- Given the age of this group a focus of the parent training will also be on strategies to support self-monitoring, job readiness appraisal, goal setting, and self-motivation.
- Fun and social experience for you and your youth to participate in.
- A snack will be provided!

** One Kids Place and Hands offer a variety of core foundational services, family services and training as well as a broad continuum of behavioural services; Family Services and Training is funded by the North East Ontario Autism Program, and delivered by staff of the North East Ontario Autism Program

Work Shop Series Application Form

Please review the workshop series available in the following pages and select the most appropriate for your child or youth

Child/Youth Information

Name:	DOB:	Age:
Parent(s)/Guardian(s) Name(s):		
Address:		
Phone: H (705) W (705) Other:	School/Daycare:	Grade:

Family Information

Mother's Name:	Address (<input type="checkbox"/> same as above):	Telephone (Home): (Work):
Father's Name:	Address (<input type="checkbox"/> same as above):	Telephone (Home): (Work):
Custody Status: <input type="checkbox"/> Both	<input type="checkbox"/> Mother	<input type="checkbox"/> Father
		<input type="checkbox"/> Other/ Special arrangements
Legal Guardian:	Relationship to Child:	Phone:
		Address:
Please list any food allergy/intolerance/sensitivity for you or your child/youth:		
Please list any equipment used by you or your child/youth Wheelchair Walker Crutches/Canes other: Communication Devices		

Workshop Series Selection

Workshop Series	DATES	AGE GROUP	LOCATION	√
Yay! Let's Play!	February 14,21,28, March 7	2-4	OKP North Bay	
Family Games Night	February 6,13,20,27	5-7	OKP North Bay	
Robotics	March 19, 26 & April 2,9	12-14	OKP North Bay	
Bite Size Kitchen Independence	March 6,13,20,27	8-11	OKP North Bay	
Job Seekers	March 11,12,13,14	15+	OKP North Bay	

Please submit your application to:
OKP, 400 McKeown Ave
North Bay, On P1B 0B2
Fax: 705-474-0127

Attention: Stephanie Poirier 705-476-5437 ext. 3898