

North East Ontario Autism Program

Foundational Services

Together, as a regional provider, Hands and One Kids Place are pleased to offer families a variety of core foundational services as well as a broad continuum of behavioural services. These supports will build and strengthen the capacity of the individual child or youth, their family and those supporting them to teach new skills, reduce challenging behaviour, and foster independence in the meaningful areas of their lives.

Foundational Services

The following foundational services are currently available for families in the North East Region Ontario Autism Program (NEOAP). When a new family enters the NEOAP they will receive a contact from their family support worker (FSW) within the first six weeks of referral. The FSW will either mail out or hand deliver a binder with autism information as well as resources found within their area. The family support worker will also connect with families about upcoming trainings in their area.

Training Workshops and Information Sessions

Trainings and information sessions will be offered to families through their family support worker. They will provide the family with a list of the upcoming trainings in their area or offer options to participate online. If a family cannot attend, they will receive the information in web format and/or paper copy from their family support worker.

Tip Sheets

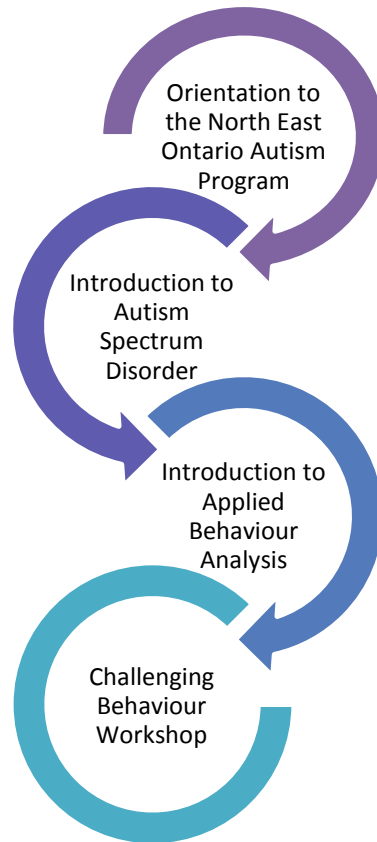
Tip sheets are brief summaries of information that can be provided to help families understand a variety of themes that are relevant to their child/youth's development or Family Service Plan. Tip sheets that are available for distribution are:

- Autism Spectrum Disorder
- Behaviour Services
- Preparing for Toilet Training
- Challenging Behaviour
- Transition to School



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Core Training Workshops and Information Sessions



What They Include:

Orientation to the North East Ontario Autism Program

In this orientation, the Ministry of Children and Youth Services (MCYS) Guidelines of the Ontario Autism Program (OAP) will be reviewed. Discussion will be facilitated around how these guidelines will apply to the unique needs of children and families in the North East. This information session provides an overview of the continuum of behavioural services as well as a description of the OAP Family Service Plan. Resources will be given to the families during the training which includes information on the program and available community supports. There will be an opportunity for questions and direction in supporting families unique needs.

Introduction to Autism Spectrum Disorder

In this workshop, families will develop a better understanding the diagnosis of Autism Spectrum Disorder (ASD) and what it means to their child or youth and family. The workshop will include a description of the diagnostic process and how a diagnosis is determined. Families will learn how genetic



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and environmental factors are associated with ASD and common issues that are associated with the disorder. Treatment options will be reviewed with an emphasis on evidence based practices. Resources will be given to the families during the training which includes information on the program and available community supports. There will be an opportunity for questions and direction in supporting families unique needs.

Introduction to Applied Behaviour Analysis

In this workshop, families will be provided with an overview of the science of Applied Behaviour Analysis (ABA). Families will learn how to effectively teach or strengthen skills by developing behavioural goals, using teaching strategies based on principles of ABA. Families will learn how to use the skills taught in various environments with various people. Families will be provided with a worksheet that corresponds with the presentation.

Challenging Behaviour Workshop

In this workshop, families will learn how to define behaviour and identify and understand why behaviour is happening. Families will learn methods of measuring behavior, as well as identifying teaching alternative behaviour. This workshop reviews general preventative strategies that may be effective in reducing behaviour. Families will be provided with a workbook that corresponds with the presentation.

Resources

Ministry of Child and Youth Services

- Autism Parent Resource Kit

<http://www.children.gov.on.ca/htdocs/English/specialneeds/autism/aprk/index.aspx>

- OAP Guidelines

<http://www.children.gov.on.ca/htdocs/English/professionals/specialneeds/autism/oap-guidelines/toc.aspx>

Autism Ontario

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North East Ontario Autism Program

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 - Facebook: www.facebook.com/aonorthbay/
- Knowledgebase
 - <http://www.autismontario.com/client/aso/ao.nsf/RSSView/C9A1F1379A09216185257B95004D44A2>
- Spirale Guide
 - <https://www.autismontario.com/spirale>
- ABACUS
 - <http://www.abacuslist.ca/>

Autism Speaks Toolkits

- <https://www.autismspeaks.org/family-services/tool-kits>

Geneva Centre

- <http://elearning.autism.net/>

ConnectABILITY

- <https://connectability.ca/en/>

ONTABA

- Evidence Based Practices
- <http://www.ontaba.org/#&panel1-1>

BACB

- Find a certificant
- Pursuing certification
- www.bacb.com

Parent Books

- <http://www.parentbooks.ca/>

