

Behavioural Services TIP Sheet

What is Applied Behaviour Analysis?

Applied Behaviour Analysis (ABA) is an applied science, based on the principles of learning and behaviour, which uses specific methods to teach meaningful behaviour.

The North East Ontario Autism Program and behavioural services:

Together, as a regional provider, One Kids Place and Hands offer a broad continuum of behavioural services as described below:

Assessment of needs:

The needs of families will be identified in their Family Service Plan (FSP) which is based on individualized goals developed in a collaborative process between families, the child or youth if applicable, and service providers.

Foundational Services:

- Focused on family-centered care as a fundamental basis for service
- Access to parent and family education opportunities
- Facilitates parent-to-parent support
- Connect families with relevant community services

Comprehensive Services:

- Method of teaching skills to children or youth with autism (ASD) and related disorders using principles of ABA
- Teaches skills across many areas at the same time
- Delivered with greater intensity
- Increases how quickly a child learns in a variety of developmental areas
- Generalize skills into areas that are important
- Prepare children or youth with ASD for appropriate educational placements

North East Ontario Autism Program

Moderate Services:

- A child or youth may have some comprehensive needs, but not at a level of intensity of comprehensive services
- May be a combination of direct intervention with therapists and mediator model

Focused Services:

- Focus on teaching skills and/or reducing behaviour using principles of ABA
- Focused on one, or a few goals
- Consultation and support provided as needed based on specific goals
- Promote generalization of skills to where they will be used
- Build caregiver and community partner capacity to support individuals with ASD
- Individualized goals selected by the caregiver and/or the child or youth

Ministry of Child and Youth Services. (June 26, 2017). *Ontario Autism Program Guidelines*. Retrieved from <http://www.children.gov.on.ca/htdocs/English/professionals/specialneeds/autism/oap-guidelines/toc.aspx>

Ministry of Child and Youth Services. (June 2017). *Ontario Autism Program Clinical Framework*. Retrieved from <http://www.children.gov.on.ca/htdocs/English/documents/specialneeds/autism/OAPClinicalFrameworkEN.pdf>

