

Activities	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
60 Mins Structured Daily Physical Activity																																
60 Mins Unstructured Physical Activity																																
Minimal Rules (not ready for organized sport)																																
Learning and Refining Foundational Skills: running, jumping, hopping and catching.																																

Comments:	
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