



## Developing Hands and Fingers Glossary

**Dexterity:** the coordination of the small muscles in the hand in order to complete a task

**Pincer grip:** the ability to hold objects between thumb and index finger

**Radial palmer grasp:**



**Translation:** is the movement of objects between palm and fingertips, such as selecting one coin from several in your palm and moving it to the fingertips with only one hand active. Also referred to as squirreling (to palm) and de-squirreling (to fingertips) small items.

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