



Month 1: Sensory Processing Equipment List

Scissors
Shoe boxes
Newspaper
Scented markers or crayons
Duct tape or masking tape
Paint brushes of various sizes
Balls of various sizes
Bean bags
Empty bins
Noodles, rice, beans
Sand paper, fun felt, or pieces of material of different textures
Foam or sponge pieces
Play Doh
Balloons
Straws
Skipping rope
Mattress or mats
Exercise balls
Blankets or top sheet
Yoga Mat
Child size pool inner tube
CD player and CDs
Sleeping bag (or sheet with three edges sewn)
Hoola hoops
Pup tent
Office chair with wheels
Scooter board
Tunnel
Parachute